

**LAKE SHORE PUBLIC SCHOOLS
ATHLETIC DEPARTMENT**



Home of the Shorians

Home of the Clippers

Athletic Handbook

2022-23

LAKE SHORE PUBLIC SCHOOLS ATHLETIC HANDBOOK

APPENDIX A: Athletics

MISSION STATEMENT

The guiding principles and expectations found in this section will promote and ensure an athletic program of which all stakeholders and participants will be proud.

GUIDING PRINCIPLES

The Athletic Department seeks to develop the physical, mental, and emotional growth of athletes by:

1. Offering a variety of extra-curricular opportunities that will meet the diverse needs of students.
2. Employing a dedicated and expert coaching staff
3. Encouraging parental and community involvement
4. Developing, promoting, and ensuring good sportsmanship in all athletes

ROLES AND EXPECTATIONS OF THE STUDENT-ATHLETE

Student-athletes are expected to make their academic requirements their first priority. Athletes representing their school should be a positive role model, demonstrate good sportsmanship, possess a quality work ethic, be dependable and honor the code of conduct.

ROLES AND EXPECTATIONS OF THE PARENT/GUARDIAN

Parents, guardians, and family members are expected to encourage their athletes to be successful as they participate in athletic programs, demonstrate good sportsmanship in the stands, and communicate concerns directly to the coach in a timely and appropriate manner.

ROLES AND EXPECTATIONS OF COACHES

Coaches are expected to be a good role model for athletes in personal habits, language and conduct. Coaches should establish and maintain clear communication with team members and families. Coaches are responsible for planning, guiding, and supervising all team activities. During practices, scrimmages, and contests, coaches are expected to act in a professional, knowledgeable manner and demonstrate good sportsmanship.

ROLES AND EXPECTATIONS OF ATHLETIC STAFF

Athletic staff will coordinate all athletic activities and personnel, enforce all policies, and communicate with athletes and families as needed.

ROLES AND EXPECTATIONS OF THE PRINCIPAL

The building principal will oversee athletic department/programs and address any appeals concerning issues that are not settled by the athletic director.

ATTENDANCE

1. All athletes must be enrolled as a full time student and have a physical exam and department emergency card on file to receive 'OK to participate' card to attend a conditioning session, tryout, or practice. Senior students that are eligible to reduce their schedules must remain enrolled in (and passing) four (4) classes to retain athletic eligibility.
2. Athletes must attend at least 3 class periods of school to be eligible to participate in either practice or competition that day. Any exceptions must be pre-approved by the Athletic Director and must be documented.
3. If an athlete is suspended from school for any reason the athlete may not attend any athletic activity, including practice, either as a participant or spectator, home or away.
4. Athletes are required to attend all scheduled practices. Athletes are responsible to inform the coach if they cannot attend practice prior to practice. A verified absence from school is a verified absence from practice. Consequences (including loss of playing time) for any absence from practice may be determined by the coach.
5. Attendance issues during the school day (i.e. skipping classes, chronic tardies/absences) may impact an athlete's ability to practice and/or compete with the team
6. If an athlete misses practice due to an injury, a doctor's note is required and the student may not participate until they have been cleared to return by a doctor. If the injury is not serious enough for a doctor's note, an athlete will attend practice and participation is based on the nature of the injury and the discretion of the coach and parent.

ACADEMIC STANDARDS

At the semester and marking period, MHSAA guidelines require that a student-athlete is passing 66% of their classes. If this requirement is not met the student-athlete will be ineligible for the next 60 scheduled school day, per MHSAA policy. A student-athlete will regain eligibility on day 61 provided they are passing 66% of those 60 days of ineligibility.

A varsity athlete who is carrying an over-all GPA of 3.0 or higher will receive an ALL LEAGUE ACADEMIC CERTIFICATE. Any freshmen or junior varsity athlete will receive a LAKE SHORE ACADEMIC CERTIFICATE.

ADMISSION

KMS events are free of charge. LSHS students with a current ID will be given a discounted rate. Senior Citizens will not be charged admission to any home, regular-season event. A senior citizen is anyone aged 60 or older. Admission attendants reserve the right to ask for proof of age.

In the event that multiple athletic events take place at the same day/time at a Lake Shore venue, there will not be an additional charge to attend another event as long as proof of entry to the other event is provided, i.e. hand-stamp/ticket.

Lake Shore Annual Passes may be purchased for entry to all home, regular-season events any time during a school year.

An adult must accompany all elementary and middle school students that attend Lake Shore High School athletic events in order to help supervise their child's behavior.

In-Season Athletes, that is an athlete who is actively participating in practices/contests in an individual season (fall, winter, spring), will not be charged admission to any home, regular-season event during that season of participation. For example, a male athlete who plays soccer (fall sport) will be admitted to all fall sports free of charge but not winter sports such as boys/girls basketball unless he also participates in a winter sport.

MHSAA events that are hosted by Lake Shore, i.e. districts, regionals, etc., are governed by MHSAA guidelines and admission prices and discounts may not be available

USE AND/OR POSSESSION OF TOBACCO/VAPING, MARIJUANA, ALCOHOL

First Offense:

1. Student will miss 33% of scheduled contests
2. Disciplinary action as outlined in the student code of conduct.
3. Practice time and participation at team events will be determined on a case-by-case basis by the AD and head coach.

Second Offense:

1. Student will be suspended for the remainder of the season.
2. Disciplinary action as outlined in the student code of conduct.
3. Practice time and participation at team events will be determined on a case-by-case basis by the AD and head coach.
4. Meeting with Athletic staff to discuss future athletic involvement including future seasons, banquets, ceremonies, awards, and certificates.

SALE OR DISTRIBUTION OF TOBACCO/VAPING, MARIJUANA, ALCOHOL

Any athlete involved with the sale or distribution of tobacco, vaping, alcohol, and/or marijuana will be suspended from all athletic activity for the period of one calendar year from the date of the infraction.

USE AND/OR POSSESSION AND/OR SALE OF NARCOTICS

Use/Possession/Sale of narcotics or other behavior-altering substances, including steroids. This does not include possession of medications taken as prescribed to the athlete by a licensed physician.

First Offense:

1. Disciplinary action as outlined in the student code of conduct.
2. Student will be suspended for the remainder of the season
3. Meeting with Athletic Director and parent to discuss further athletic involvement and additional counseling if necessary. Student may be subjected to a comprehensive drug test before returning to play.

Second Offense :

1. Student and parents will meet with Principal and AD
2. Disciplinary action as outlined in the student code of conduct

Expulsion from the athletic program for the remainder of the athlete's high school career

OTHER SERIOUS OFFENSES THAT MAY REQUIRE ATHLETIC CONSEQUENCES

Consequences may result in a verbal reprimand up to suspension and/or removal from the team.

1. Severe or continued violations of Lake Shore's student code of conduct or team guidelines
2. Personal misconduct that involves police or court action during the sports season either before, during or after school hours.
3. Acts of poor sportsmanship, including the use of profanity or obscene language or gestures.
4. Any conduct unbecoming of an athlete

CARRY OVER OF SUSPENSIONS

Depending on the timing and severity of the infraction , If the minimum number of contests a student is required to sit due to an infraction is greater than the number of contests that remain in the season (i.e. a student is suspended near the end of a season), the suspension may carry over into the next season that a student would typically partake in.

EQUIPMENT

Athlete is responsible for all equipment issued. The athlete will be charged the current replacement cost for all lost equipment.

TRANSFERRING SPORTS

Athletes who leave or are removed from one sport may not join another team without consent from both coaches and the Athletic Director. Commitment to a team or sport lasts from the first day of practice to the last contest of the varsity team during that season.

ATHLETIC AWARDS

If a student is injured, they are considered to still be a part of the team. If a student is suspended from the team, he or she is not considered to have completed the season. The coach will discuss other participation standards. Athletes, managers or other helpers may receive certificates of participation if they do not receive letters. Students must compete in over 50% of the contests to be eligible for awards, certificates, and to attend the team banquet.

TRANSPORTATION

While traveling to or from an athletic event, the athlete must travel in transportation provided by the school when provided. Exceptions would include prior arrangements made between the parent, the coach, and the Athletic Director.

Students must travel in transportation provided by Lake Shore Public Schools or a contracted bus service as outlined here:

1. Two-way transportation will be provided to away contests greater than 10 miles one-way from Lake Shore High School;
2. One-way transportation (from LSHS to destination site) will be provided to away contests that are within 10 miles one-way from Lake Shore High School. Parents will be expected to provide or make arrangements for return transportation for their children. Coaches will allow parents the opportunity to provide an authorization form at the "Meet the Team Night" for release of their child to another parent who may provide return transportation for their child. If no authorization form is on file, the parent is expected to provide the transportation for their own child. A coach may not release an athlete to an adult who is not that athlete's parent without prior consent. Football and Hockey are exceptions to the 10 mile transportation guideline.
3. All Saturday contests will be scheduled for one-way transportation to the event, and parents are responsible for getting their child home from the event regardless of distance. See provisions in bullet #2 for prior authorization of non-parent/guardian persons taking a child home from an event. The Athletic Director has the option to waive this guideline on a case by case basis.
4. A student may ride home with another student if parental permission is given to and approved by the Athletic Director prior to the day of an event. The Athletic Office will relay this information to the coach prior to the event.
5. KMS will receive transportation to and from away contests unless arrangements have been made 48 hours in advance of the contest to not have a return bus.

GAME DAY DRESS

Game day dress will be guided by the school dress code and the coach; however, team uniforms are not to be worn to school on game day or any other day unless allowed and approved by the coach and Athletic Director. Warm-ups and other athlete purchased team-wear are acceptable game day dress as long as the coach allows.

INSURANCE

It is the parent's/guardian's responsibility to provide appropriate insurance coverage.

INFORMED CONSENT

By its nature, participation in interscholastic athletics includes risk of injury, which may range in severity. Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate all risk. Participants have the responsibility to help reduce the chance of injury. Players must obey all safety rules, report all physical problems to their coaches, and follow a proper conditioning program and inspect their own equipment daily.

COACH-PARENT COMMUNICATIONS

The head coach is responsible to contact parents/guardians in a timely fashion if disciplinary action is to be taken against a player. If an offense is serious enough it may be necessary to have a parent/player/coach meeting. Any violation of the athletic handbook will be documented and reported to the athletic director in writing.

If parents have questions about their son's/daughter's program they should contact the coach to set up a meeting to discuss their concerns. Topics that will not be discussed are playing time, team strategy or other players.

Confrontations with coaches or players during or following games are unacceptable. If a parent's concerns pertain to a situation in a contest they must wait until the next day to contact the coach and set up a meeting.

Non-team personnel are not allowed in the team and coach's bench area at any time before and during games and practices. The MHSAA guidelines require member schools to maintain a safe and enjoyable environment for all in attendance at athletic contests. Restrictions and controls on spectator behavior fall under this jurisdiction and will be enforced by school personnel.

APPEAL PROCESS

If the athlete or Athletic Director are dissatisfied with the consequences issued as designated in this handbook, either may appeal to the Principal within two school days of when the consequence is issued. Upon that appeal, Lake Shore High School will appoint an Appeals Board within seven (7) school days. This Board will consist of three coaches (none from the staff of the team from which the student was

suspended), one staff member, and an administrator. The athlete and parent(s) will be included in the appeals process, but will not have a vote on the decision of the Board.

The Appeals Board will hear statements from both the school and the athlete. The Board will have the opportunity to ask questions of anyone in the room regarding the incident in question and the consequences issued. After all questions have been answered, the Appeals Board will meet alone to determine if the consequence issued should be maintained, increased, or lessened. This decision will be made within 48 hours and the athlete/parent will be contacted immediately via phone or email and a letter will be mailed home with the findings.

All suspensions remain in effect until after the Appeals Board renders a decision.

SPORTSMANSHIP

Lake Shore Public Schools, the MHSAA and the MAC expect good sportsmanship by coaches, players, parents and spectators at all athletic contests. Positive cheering is welcome but negative cheers and taunting is prohibited.