








Lake Shore High School Menu

Cycle Week 1

Station/ Available Daily	Daily Specials				
	Monday	Tuesday	Wednesday 6/1/11	Thursday 6/2/11	Friday 6/3/11
Menutainment On Display Cooking to Order Premium Meal \$3.75			Chicken Caesar Salad  Dinner Roll	<u>FARWELL BBQ</u> Hot Dogs/Hamburgers Potato Salad Watermelon	<u>Panini Sandwich Day</u> Turkey Bacon Ranch Baked Tator Tots
Sandwich Central Fresh Sandwiches Made to Order Premium Meal \$3.25			Turkey Bacon Wrap	Chicken Caesar Wrap	Italian Wrap
Fresh Grille Available Daily: Cheeseburger Hamburger Whole Grain Chicken Sandwich \$2.70			Grilled Cheese Sandwich	Spicy Chicken Sandwich	Bacon Cheeseburger
Trattoria Available Daily: Fresh Homemade Plain and Pepperoni Pizza \$2.70			Stromboli	 Vegetarian Pizza on  Whole Wheat Crust	Spicy Chicken Pizza
Outtakes All Salads served with whole grain dinner rolls  Premium Meal \$3.25			Grilled Chicken Salad Turkey Bacon Wrap	Chicken Caesar Salad Chicken Caesar Wrap	Greek Salad Italian Wrap
Casa Amigo Available Daily: Nachos/Cheese Tacos Taco Salad \$2.70			<u>Nacho Bar</u> Beef, Refried Beans & Cheese Nachos Lettuce & Salsa Seasoned Green Beans	Crisпитos (2) Tortilla Chips & Salsa Sour Cream Seasoned Corn	<u>Build your own</u> Taco Salad Tortilla Chips, Beef Cheese, Refried Beans, Lettuce & Salsa Fiesta Rice
Accompaniments All Lunches Include: Entrée Choice, Vegetable Choice, Fresh or Chilled Fruit & Choice of Cold Milk. In order to qualify as a meal, at least three (3) components must be taken.			Pasta Salad Seasoned Green Beans  Fresh Broccoli  Fresh Apple Fresh Banana Mixed Fruit	Mixed Garden Salad Seasoned Corn  Celery Sticks  Fresh Apple Fresh Banana Pineapple Tidbits	Mixed Garden Salad Seasoned Carrots  Fresh Apple Fresh Banana Chilled Pears Chocolate Pudding



Indicates a Balanced Choice Meal



Indicates Local Produce





All Meals are available to Free & Reduced Students for no Extra Charge

Menu is Subject to Change without Notice Menus also available online at www.lakeshoreschools.org Questions? Call Tina Morris @ (586) 285-8925

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Lake Shore High School Menu

Cycle Week 2

Station/ Available Daily	Daily Specials				
	Monday 6/6/11	Tuesday 6/7/11	Wednesday 6/8/11	Thursday 6/9/11	Friday 6/10/11
Menutainment On Display Cooking to Order Premium Meal \$3.75	 <i>Pasta Bar w/ Italian Meat Sauce Garlic Bread Mixed Garden Salad</i>	Chicken Hani Tator Tots	Chicken Caesar Salad  Dinner Roll	Exam's ½ Day Today	Exam's Last Day of School ½ Day Today
Sandwich Central Fresh Sandwiches Made to Order Premium Meal \$3.25	Turkey Provolone Bistro Wrap	BLT Wrap	Crispy Chicken Wrap		
Fresh Grille Available Daily: Cheeseburger Hamburger Whole Grain Chicken Sandwich \$2.70	Popcorn Chicken (20)	Cheesy Chicken Sandwich	 Mini Corn Dogs		
Trattoria Available Daily: Fresh Homemade Plain and Pepperoni Pizza \$2.70	Sausage & Pepperoni Pizza	Meat Lovers' Pizza	Pepperoni Calzone		
Outtakes All Salads served with whole grain dinner rolls  Premium Meal \$3.25	Crispy Chicken Salad Turkey Provolone Bistro Wrap	Grilled Chicken Salad BLT Wrap	Buffalo Chicken Salad Crispy Chicken Wrap		
Casa Amigo Available Daily: Nachos/Cheese Tacos Taco Salad \$2.70	2 Chicken Tacos <i>Salsa Seasoned Corn Fresh Orange Seasoned Peas & Carrots</i>	Chili Cheese Burrito Spanish Rice Salsa Sour Cream Mixed Vegetable	<u>Nacho Bar</u> Beef, Refried Beans & Cheese Nachos Lettuce & Salsa Seasoned Green Beans		
Accompaniments All Lunches Include: Entrée Choice, Vegetable Choice, Fresh or Chilled Fruit & Choice of Cold Milk. In order to qualify as a meal, at least three (3) components must be taken.	Mixed Garden Salad Seasoned Peas & Carrots  Fresh Apple Fresh Banana Diced Peaches	Mixed Garden Salad Mixed Vegetable Carrot Sticks  Fresh Orange Fresh Banana Applesauce	Vegetarian Pasta Salad Seasoned Green Beans Fresh Broccoli  Fresh Orange Fresh Banana Mandarin Oranges		



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