



Lake Shore Schools Elementary


June 2011 Lunch Menu

Student lunch \$2.45 Reduced price \$0.40

CHOICE OF SKIM OR LOW FAT MILK IS OFFERED WITH EACH MEAL


Ala Carte Milk \$0.40

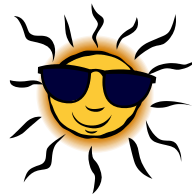
Questions or comments? Please call Tina Morris, Food Service Director at 586-285-8925

 Our Award-Winning Chartwells Balanced Choices® Meal Program highlights calorically appropriate, super-nutrition meals designed to meet the unique protein, vitamin, mineral, and fiber needs of students while being lower in sodium and unhealthy fats. Look for signs and icons in the cafeteria to help you select a Balanced Choices Meal!

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Corn Dog on Stick Mixed Vegetables Diced Peaches	2 LUCKY TRAY DAY!! Chicken Patty on Bun  Carrot Snackers Pineapple Tidbits	3 Cheeseburger on Bun Seasoned Corn Mandarin Oranges (Masonic Walk-A-Thon: Hot Dog Lunch)

2nd Choice: Ham & Cheese Sub served with the fruit and vegetable choice of the day and low fat milk choice


6 Balanced Choice Meal:  WG Chicken Nuggets w/ Sauce for Dippin'  Carrot Snackers Fruit Cocktail (Masonic Field Day Grades K-2 Bag Lunches Available)	7 Beef & Cheese Fiestada w/ Salsa  Fresh Broccoli Diced Peaches (Violet Field Day: Hot Dog Lunch. Bag Lunches Available) (Masonic Field Day Grades 3-5 : Bag Lunches Available)	8 Pizza Strips  Mixed Greens Salad (Romaine/Iceberg/Spinach Blend) Pineapple Tidbits	9 Mini Cheeseburgers Potato Smiles ☺ Mandarin Oranges	10 LAST DAY OF SCHOOL ½ Day Today No Lunch Service
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HAVE A SAFE AND HAPPY SUMMER!!!



MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

 Locally grown produce from our local farmers.

 Part of making healthy diet choices means making $\frac{1}{2}$ of your grains whole. School lunch is a great opportunity to meet your daily whole grain requirements! Look for this symbol in the cafeteria to help you identify whole grain foods.

ALL MENU ITEMS contain zero grams of artificial trans fat per serving

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