



# Kennedy Middle School Lunch Menu

April 2012

Questions? Please call Tina Morris at (586)285-8925 or email us at [cmorris@lsp.org](mailto:cmorris@lsp.org)

All entrees come with choice of: fruit and vegetable of the day and choice of 1% White Milk, Skim White or Skim Chocolate

Station	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Sandwich Central</b> Fresh Sandwiches Made to Order  <b>\$3.25</b>					
<b>Origins</b>   <b>\$2.60</b>					
<b>Trattoria</b> Available Daily: Fresh Homemade Plain and Pepperoni Pizza <b>\$2.60</b>					
<b>Outtakes</b> All Salads served with whole grain dinner rolls  <b>Premium Meal</b> <b>\$3.25</b>					
<b>Soup Choice</b> <b>\$1.75</b>					
<b>Accompaniments</b> <b>All Lunches</b> <b>Include: Entrée</b> <b>Choice, Vegetable</b> <b>Choice, Fresh or</b> <b>Chilled Fruit &amp;</b> <b>Choice of Cold Milk.</b> <b>In order to qualify</b> <b>as a meal, at least</b> <b>three (3)</b> <b>components must</b> <b>be taken.</b>					

**All meals are available to Free and Reduced Students for no Extra Charge  
 Menu is subject to change without notice**

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866)632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339; or (800)845-6136 (Spanish). USDA is an equal opportunity provider and employer.



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Station	Monday 4/9/12	Tuesday 4/10/12	Wednesday 4/11/12	Thursday 4/12/12	Friday 4/13/12
<b>Sandwich Central</b> Fresh Sandwiches Made to Order  <b>\$3.25</b>	Bologna & Colby Jack Jalapeno Wrap	Crispy Chicken Wrap	Turkey Club Wrap	Buffalo Chicken Wrap	Italian Wrap
<b>Origins</b>  <b>\$2.60</b>	Pasta Bar Marinara Sauce *WG Dinner Roll Mixed Garden Salad	BBQ Chix Flatbreads	Bosco Sticks Marinara Sauce Mixed Garden Salad	Chicken Tenders Seasoned Wedges	Hot Dog on Bun Tator Tot
<b>Trattoria</b> Available Daily: Fresh Homemade Plain and Pepperoni Pizza <b>\$2.60</b>	Flat Bread Pizza	Sausage & Pepperoni Pizza	Hawaiian Pizza	Meat Lovers' Pizza	Pizza Strips
<b>Outtakes</b> All Salads served with whole grain dinner rolls  <b>Premium Meal \$3.25</b>	Chef Salad  Bologna & Colby Jack Jalapeno Wrap	Crispy Chicken Salad  Crispy Chicken Wrap	Turkey BLT Salad  Turkey Club Wrap	Buffalo Chicken Salad  Buffalo Chicken Wrap	Antipasto Salad  Italian Wrap
<b>Soup Choice \$1.75</b>					
<b>Accompaniments All Lunches Include: Entrée Choice, Vegetable Choice, Fresh or Chilled Fruit &amp; Choice of Cold Milk. In order to qualify as a meal, at least three (3) components must be taken.</b>	Mixed Garden Salad Seasoned Peas & Carrots Fresh Broccoli Fresh Orange Fresh Apple Fresh Banana Peaches	Mixed Garden Salad Mixed Vegetable Fresh Carrot Sticks Fresh Orange Fresh Apple Fresh Banana Applesauce	Mixed Garden Salad Fresh Pasta Salad Seasoned Green Beans Fresh Celery Sticks Fresh Orange Fresh Apple Fresh Banana Mandarin Oranges	Mixed Garden Salad Seasoned Corn Fresh Carrot Sticks Fresh Orange Fresh Apple Fresh Banana Pineapple Tidbits	Mixed Garden Salad Seasoned Carrots Fresh Broccoli Fresh Orange Fresh Apple Fresh Banana Diced Pears

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Station	Monday 4/16/12	Tuesday 4/17/12	Wednesday 4/18/12	Thursday 4/19/12	Friday 4/20/12
<b>Sandwich Central</b> Fresh Sandwiches Made to Order  <b>\$3.25</b>	Bologna & Colby Jack Jalapeno Wrap	Crispy Chicken Wrap	Turkey Club Wrap	Buffalo Chicken Wrap	Italian Wrap
<b>Origins</b>  <b>\$2.60</b>	Pasta Bar Marinara Sauce *WG Dinner Roll Mixed Garden Salad	<u>Nacho Bar</u> Beef WG Tortilla Chips Refried Beans Cheese	Bosco Sticks Marinara Sauce Mixed Garden Salad	General Tsao Chicken	Pork Ribbit Sandwich Pickle Slices Baked Chips Carrot Snackers
<b>Trattoria</b> Available Daily: Fresh Homemade Plain and Pepperoni Pizza <b>\$2.60</b>	Stuffed Crust Pizza	Sausage & Pepperoni Pizza	Spicy Chicken Pizza	Meat Lovers' Pizza	French Bread Pizza
<b>Outtakes</b> All Salads served with whole grain dinner rolls  <b>Premium Meal</b> <b>\$3.25</b>	Chef Salad  Bologna & Colby Jack Jalapeno Wrap	Crispy Chicken Salad  Crispy Chicken Wrap	Turkey BLT Salad  Turkey Club Wrap	Buffalo Chicken Salad  Buffalo Chicken Wrap	Antipasto Salad  Italian Wrap
<b>Soup Choice</b> <b>\$1.75</b>					
<b>Accompaniments</b> <b>All Lunches</b> <b>Include: Entrée</b> <b>Choice, Vegetable</b> <b>Choice, Fresh or</b> <b>Chilled Fruit &amp;</b> <b>Choice of Cold Milk.</b> <b>In order to qualify</b> <b>as a meal, at least</b> <b>three (3)</b> <b>components must</b> <b>be taken.</b>	Mixed Garden Salad Seasoned Peas & Carrots Fresh Broccoli Fresh Orange Fresh Apple Fresh Banana Peaches	Mixed Garden Salad Mixed Vegetable Fresh Carrot Sticks Fresh Orange Fresh Apple Fresh Banana Applesauce	Mixed Garden Salad Fresh Pasta Salad Seasoned Green Beans Fresh Celery Sticks Fresh Orange Fresh Apple Fresh Banana Mandarin Oranges	Mixed Garden Salad Seasoned Corn Fresh Carrot Sticks Fresh Orange Fresh Apple Fresh Banana Pineapple Tidbits	Mixed Garden Salad Seasoned Carrots Fresh Broccoli Fresh Orange Fresh Apple Fresh Banana Diced Pears

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Station	Monday 4/23/12	Tuesday 4/24/12	Wednesday 4/25/12	Thursday 4/26/12	Friday 4/27/12
<b>Sandwich Central</b> Fresh Sandwiches Made to Order  <b>\$3.25</b>	Bologna & Colby Jack Jalapeno Wrap	Crispy Chicken Wrap	Turkey Club Wrap	Buffalo Chicken Wrap	Italian Wrap
<b>Origins</b>  <b>\$2.60</b>	Pasta Bar Marinara Sauce *WG Dinner Roll Mixed Garden Salad	<u>Taco Bar</u> Beef or Chicken Refried Beans Cheese Lettuce	Bosco Sticks Marinara Sauce Mixed Garden Salad	Crispito Spanish Rice	Bean & Cheese Chalupa Lettuce Salsa & Sour Cream
<b>Trattoria</b> Available Daily: Fresh Homemade Plain and Pepperoni Pizza <b>\$2.60</b>	Pizza Bagel	Sausage & Pepperoni Pizza	Hawaiian Pizza	Meat Lovers' Pizza	Personal Pan Pizza
<b>Outtakes</b> All Salads served with whole grain dinner rolls  <b>Premium Meal \$3.25</b>	Chef Salad  Bologna & Colby Jack Jalapeno Wrap	Crispy Chicken Salad  Crispy Chicken Wrap	Turkey BLT Salad  Turkey Club Wrap	Buffalo Chicken Salad  Buffalo Chicken Wrap	Antipasto Salad  Italian Wrap
<b>Soup Choice \$1.75</b>					
<b>Accompaniments All Lunches Include: Entrée Choice, Vegetable Choice, Fresh or Chilled Fruit &amp; Choice of Cold Milk. In order to qualify as a meal, at least three (3) components must be taken.</b>	Mixed Garden Salad Seasoned Peas & Carrots Fresh Broccoli Fresh Orange Fresh Apple Fresh Banana Peaches	Mixed Garden Salad Mixed Vegetable Fresh Carrot Sticks Fresh Orange Fresh Apple Fresh Banana Applesauce	Mixed Garden Salad Fresh Pasta Salad Seasoned Green Beans Fresh Celery Sticks Fresh Orange Fresh Apple Fresh Banana Mandarin Oranges	Mixed Garden Salad Seasoned Corn Fresh Carrot Sticks Fresh Orange Fresh Apple Fresh Banana Pineapple Tidbits	Mixed Garden Salad Seasoned Carrots Fresh Broccoli Fresh Orange Fresh Apple Fresh Banana Diced Pears

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Station	Monday 4/30/12				
<b>Sandwich Central</b> Fresh Sandwiches Made to Order  <b>\$3.25</b>	Bologna & Colby Jack Jalapeno Wrap				
<b>Origins</b>  <b>\$2.60</b>	Pasta Bar Marinara Sauce WG Dinner Roll Mixed Garden Salad				
<b>Trattoria</b> Available Daily: Fresh Homemade Plain and Pepperoni Pizza <b>\$2.60</b>	Stuff Crust Pizza				
<b>Outtakes</b> All Salads served with whole grain dinner rolls  <b>Premium Meal</b> <b>\$3.25</b>	Chef Salad  Bologna & Colby Jack Jalapeno Wrap				
<b>Soup Choice</b> <b>\$1.75</b>					
<b>Accompaniments</b> <b>All Lunches</b> <b>Include: Entrée</b> <b>Choice, Vegetable</b> <b>Choice, Fresh or</b> <b>Chilled Fruit &amp;</b> <b>Choice of Cold Milk.</b> <b>In order to qualify</b> <b>as a meal, at least</b> <b>three (3)</b> <b>components must</b> <b>be taken.</b>	Mixed Garden Salad Seasoned Peas & Carrots Fresh Broccoli Fresh Orange Fresh Apple Fresh Banana Peaches				

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